

Strategies and interventions reviewed for linkages between maternal and newborn health

Reproductive health	Maternal health	Health Systems strengthening
<ul style="list-style-type: none">• Periconceptual folic acid supplementation• Birth spacing/ family planning• Indoor air pollution• Prevention of intimate partner violence	<p>During pregnancy</p> <p><u>Antenatal care</u></p> <ul style="list-style-type: none">• Cardiotocographic monitoring• Doppler and ultrasound monitoring• Smoking cessation <p><u>Prevention and management of infection</u></p> <ul style="list-style-type: none">• Management of syphilis• Treatment of STIs• Treatment of HIV/AIDS• Prevention of malaria• Treatment of antihelminthic infections <p><u>Management of complications</u></p> <ul style="list-style-type: none">• Management of diabetes• Antiplatelets for high-risk pregnancies• Calcium supplementation for pregnancy-induced hypertension (PIH)• Antihypertensive for mild to moderate hypertension• Magnesium sulphate for PIH• Progesterone for high risk pregnancy <p><u>Nutritional Interventions</u></p> <ul style="list-style-type: none">• Multiple micronutrient• Iron/folate supplementation• Zinc supplementation• Balance protein energy <p><u>Birth and newborn care preparedness</u></p> <ul style="list-style-type: none">• Promotion of early and exclusive breastfeeding• Community-based interventions <p><u>Intrapartum</u></p> <ul style="list-style-type: none">• Partogram use• Cervical cerclage• Elective induction of labor• Prophylactic corticosteroid therapy for preterm labor <p><u>Postpartum</u></p> <ul style="list-style-type: none">• Recognition and treatment of mild postpartum depression	<p>Comprehensive emergency obstetric care</p> <ul style="list-style-type: none">• Lower segment Caesarian section• Instrumental delivery• Post term induction of labor• Home delivery vs. facility births